

## ~TEN WAYS TO SAFEGUARD OUR CHILDREN~



- 1. Settle arguments with words, not fists or weapons. Do not stand around and form an audience.
- 2. Learn safe routes for walking in the neighborhood, and know good places to seek help. Trust your feelings, and if there is a sense of danger, get away fast.
- 3. Report any crimes or suspicious actions to the police, school authorities, and parents. Be willing to testify if needed.
- 4. Do not open the door to anyone you and your parents do not know and trust.
- 5. Never go anywhere with someone you and your parents do not know and trust.
- 6. If someone tries to abuse you, say no, get away, and tell a trusted adult. Remember, it is not the victim's fault.
- 7. Do not use alcohol and other drugs, and stay away from places and people associated with them.
- 8. Stick with friends who are also against violence and drugs, and stay away from known trouble spots.
- 9. Get involved to make school safer and better having poster contests against violence, holding anti-drug rallies, counseling peers, settling disputes peacefully. If there is no program, help start one!
- 10. Help younger children learn to avoid being crime victims. Set a good example and volunteer to help with community efforts to stop crime.

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